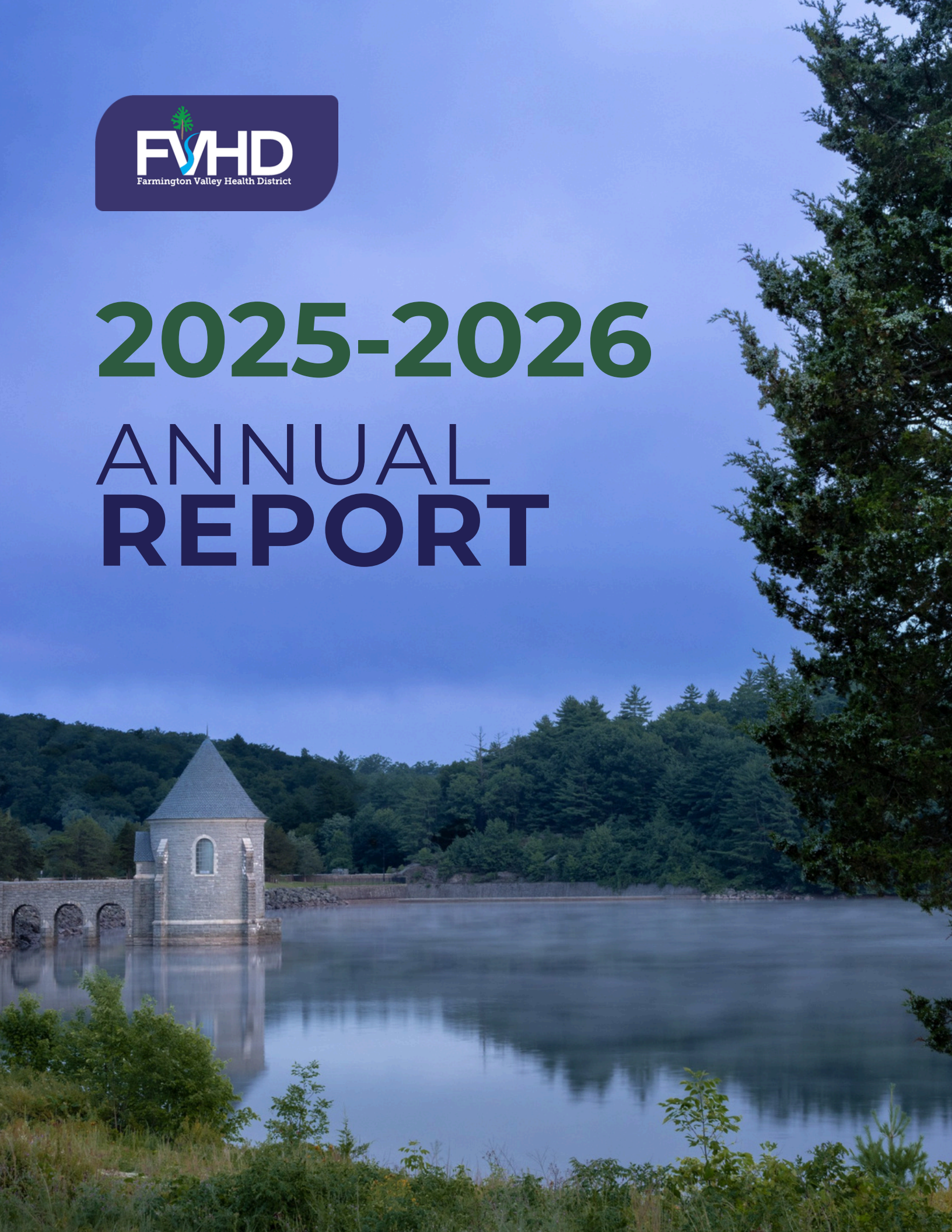
FVHD
Farmington Valley Health District

2025-2026 ANNUAL REPORT



A Message From The Health Director



I am honored to share my first Director's message for the Farmington Valley Health District (FVHD) Annual Report. This past year brought transition, challenge, and continued commitment as public health agencies faced funding reductions and federal-level changes that make essential public health work increasingly challenging. Despite these pressures, FVHD remains strong because of the dedication, expertise, and compassion of our team, including six new team members who bring valuable experience, skills, and perspectives to our vision of exceptional health and well-being for all people who live, work, learn, and play in the Farmington Valley.

This year's highlights included FVHD's first Health in All Policies Summit focused on food insecurity, along with continued work in mental health, tobacco cessation and prevention, fall prevention, and providing top notch services in the essential mandated responsibilities of Environmental Health. Looking ahead, I am grateful for the opportunity to lead this dedicated organization working alongside our team members, Board members, municipal partners, community organizations, and residents. FVHD will continue to build on a foundation of collaboration, responsiveness, and trust as we adapt to emerging challenges and remain focused on protecting and improving the health of the communities we serve.

Stephanie T. Johnson, MT, MPH
Director

THE FARMINGTON VALLEY HEALTH DISTRICT TEAM

ADMINISTRATION

Stephanie Johnson, MT, MPH
Director of Health

Samantha Carter
Office Manager

Hannah Cote
Administrative Assistant

EMERGENCY PREPAREDNESS

Shelley Forker, MPS, AEM
Emergency Response Coordinator

COMMUNITY HEALTH

Justine Ginsberg, BSN, RN
Community Health Coordinator

Amanda Hubbard, MSN, RN
Public Health Nurse

Olivia Morris, BS
Epidemiologist

Jamie Dudyak, LMSW, MPH
Public Health Specialist

Anna Larson, MPH
Community Health Associate

ENVIRONMENTAL PROTECTION

Andrea Vitrano, REHS/RS
Chief Sanitarian

Patricia Gigliotti, RS
Senior Sanitarian

Kristin Kula, RS
Registered Sanitarian

Jason Brown, RS
Food Program Coordinator

Jeremy Shields, MS
Environmental Health Inspector

Cheryl Proctor, BA
Environmental Health Inspector

Nour Osman, BS
Environmental Health Inspector

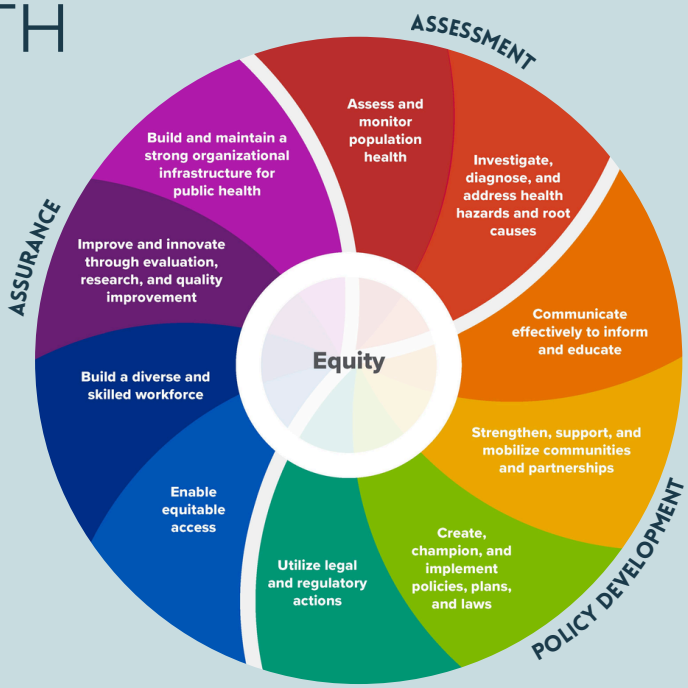
Melissa Gomez, BS
Environmental Health Inspector



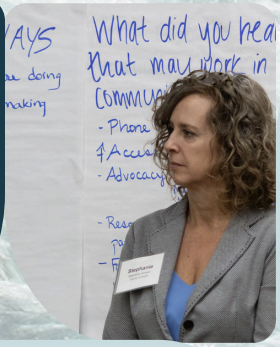
Not Pictured: Anna Larson

10 ESSENTIAL SERVICES OF PUBLIC HEALTH

The Farmington Valley Health District is responsible for delivering the **10 Essential Services of Public Health**. The Essential Services outline the functions that should be expected of a local health department to improve and protect the health of the public.



FVHD
Farmington Valley Health District



Our Mission

PREVENT disease outbreaks and conditions that give rise to poor health outcomes,
PROMOTE health programs and policies that support good health, and
PROTECT community members from health threats.



Our Vision

Exceptional health and well-being for all people who work, live, learn, and play in the Farmington Valley.







Our Values

Equity
Excellence
Data-Driven
Professionalism
Collaboration
Integrity



ENVIRONMENTAL HEALTH

138

Temporary Food Inspections Conducted

1,072

Restaurant Inspections Conducted





227

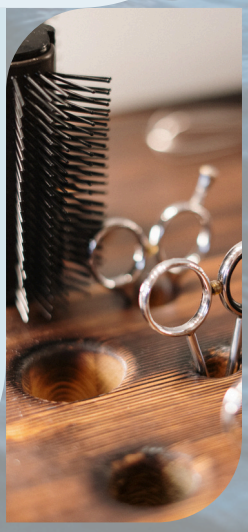
Public Swimming Pool Inspections Conducted

44

Daycare Inspections Conducted

293

Salon Inspections Conducted





Septic Systems: New and Existing Repair

172 Soil Tests Conducted

419 Inspections Conducted

163 Plans Reviewed

61

New Well Permits Issued

352

Building Additions Reviewed



121

Complaints Investigated



24

Lead Poisoning Investigations Conducted

COMMUNITY HEALTH

1,020

New CredibleMind Users

57

Youth Assisted with Tobacco Cessation





431

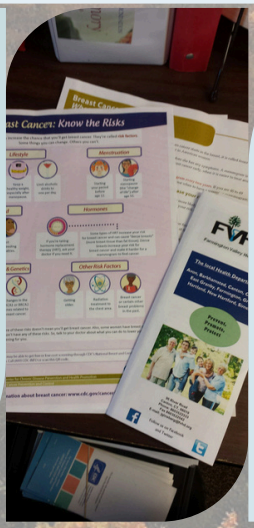
Employees Participating in a Workplace Wellness Program

31

Reportable Disease Follow-ups Conducted

119

Vaccines Administered



36

Healthcare-Associated Infection Consultations





Question Persuade Refer & Mental Health First Aid

Teaching community members to recognize signs of a mental health crisis.

11	QPR Classes Taught
26	Mental Health First Aid Classes Taught
624	Participants Trained
480	Narcan Dispensed

Fall Prevention

Combined data from *A Matter of Balance* and *Bingocize* fall prevention courses

10	Courses Taught
112	Participants Reached



EMERGENCY PREPAREDNESS & COMMUNICATIONS

This year, the Farmington Valley Health District strengthened emergency preparedness through active engagement across the region, enhancing partnerships, preparedness, and response capabilities for the communities we serve. Key accomplishments included:

Staff attended **50+ regional meetings** and preparedness workgroups.
Conducted **20+ training sessions, drills, tabletop exercises, and functional exercises** in alignment with FEMA doctrine.
Strengthened collaboration with **healthcare organizations, emergency management directors, and school safety personnel**.
Enhanced regional communication for **all-hazards incidents.**

Together, these efforts reinforce FVHD's ability to coordinate an effective public health emergency response while helping ensure Farmington Valley communities remain resilient, prepared, and ready to meet future challenges.

492 Social Media Posts Made

54 New Social Media Followers

4 Health Matters Newsletters

32 Health Matters Articles Posted





Viral Respiratory Disease Data Dashboard Views **5,140**

NOTABLE ACHIEVEMENTS

Teen Mental Health Initiatives Recognized on National Stage

Resilience Grows Here (RGH), our Farmington Valley mental health initiative, supports mental wellness and resilience for residents of all ages. Its school-based work helping teens build resilience and strengthen their mental well-being has been recognized by the National Association of County and City Health Officials (NACCHO) as a best practice.

First Health In All Policies Summit Highlights Food Insecurity

FVHD was proud to host its first Health in All Policies event, a Food Insecurity Summit that brought together stakeholders from across the Farmington Valley to begin the conversation around sustainable, community-driven solutions to ensure all residents have access to healthy food.

New Youth Vaping Prevention and Cessation Programs Launched in Schools

FVHD implemented two evidence-based programs in local schools to address youth nicotine use. Through INDEPTH and N-O-T (Not On Tobacco), students now have access to education, intervention, and cessation support designed to reduce vaping and tobacco use and promote healthier futures.

Staff Achievements

Jamie - Promoted to Public Health Specialist
Olivia - Certified in Disease Intervention (CDI)
Justine - Certified as Tobacco Treatment Specialist Designation (TTS), Top MHFA Instructor for CT 2025
Cheryl - Certified as Food Inspector
Jeremy - Certified as Food Inspector
Nour - Certified as Lead Risk Assessor/Inspector, Certified in Phase 2 Septic

Thank you to our interns this year!
Angelle Bailey · Saira Khan · Laura Contreras · Juan Palomino · Julia Clough

BOARD MEMBERS

AVON
Brandon Robertson, Chair
Erin Barthel

BARKHAMSTED
Debra Brydon

CANTON
Warren Humphrey
Violet Vincent

COLEBROOK
Bradley Bremer

EAST GRANBY
Cheryl Bermani-McCann

FARMINGTON
Nancy Parent
Mary Jane Parlow

GRANBY
Sandy Yost
Joan Kuhnly

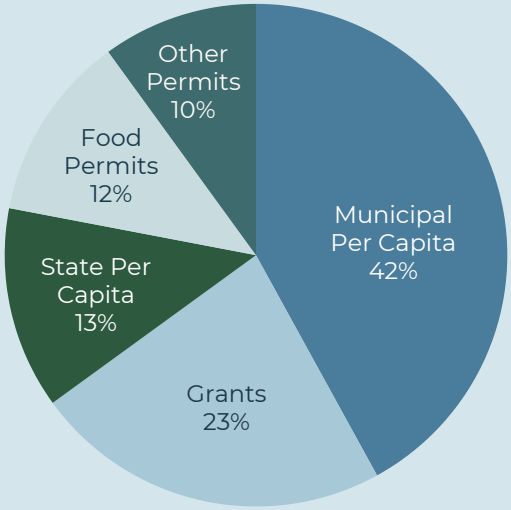
HARTLAND
Lynette Robitaille

NEW HARTFORD
Daniel V. Jerram

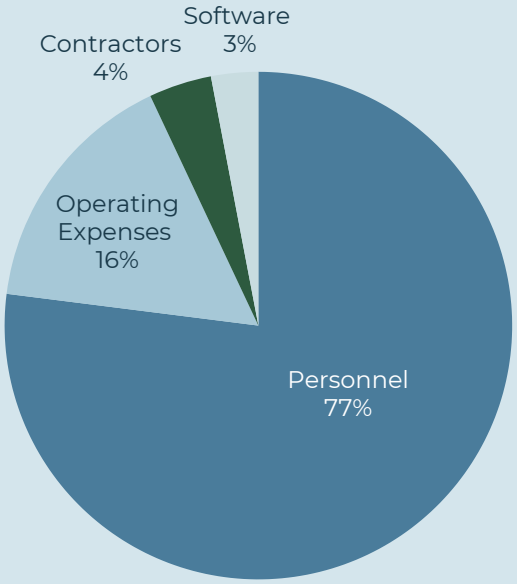
SIMSBURY
Suzanne Sinacori
Tom Fitzgerald
Brittany MacGilpin

BUDGET
Fiscal Year '25-'26

REVENUE
$1,992,454



EXPENDITURES
$1,992,454



FVHD

Farmington Valley Health District

95 River Road, Canton, CT 06019

(860) 352-2333

Proudly Serving the Towns of:

Avon · Barkhamsted · Canton · Colebrook · East Granby
Farmington · Granby · Hartland · New Hartford ·
Simsbury

Established 1976

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FarmingtonValleyHealthDistrict

FarmValleyHD