

Farmington Valley Health District COVID-19 Decision Tree

****Does Not Apply to Children Attending Schools or Daycare
at this Time. Refer to Addendum 5.****

Updated 1-5-2022

If you have had a **known exposure** to
someone with COVID-19:

If You:

1. Have been boosted **OR**
2. Completed the primary series of Pfizer or Moderna vaccine within the last 6 months **OR**
3. Completed the primary series of J & J vaccine within the last 2 months

Then:

1. Wear a well-fitting mask around others for 10 days from exposure
2. Test on day 5 from exposure, if possible
3. **If you develop symptoms, stay home, isolate, and get a test as soon as possible**

If You:

1. Completed the primary series of Pfizer or Moderna vaccine more than 6 months ago and are not boosted **OR**
2. Completed the primary series of J & J vaccine more than 2 months ago and are not boosted **OR**
3. Are unvaccinated

Then:

1. Quarantine for 5 days from exposure. After this, wear a well-fitting mask around others for 5 additional days
2. Test on day 5 from exposure, if possible
3. **If you develop symptoms, stay home, isolate, and get a test as soon as possible**

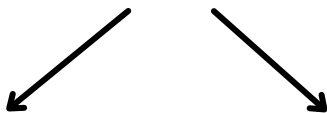
If you develop one or more symptoms,
regardless of vaccination status:

STAY HOME AND GET TESTED

Symptoms of COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

At this time, any type of test, including a home test, is acceptable.



If Positive:

1. Isolate for 5 days from symptom onset or test date if asymptomatic
2. After 5 days, if you have no symptoms or your symptoms are resolving, you may discontinue isolation
3. Continue to wear a well-fitting mask around other for 5 additional days, especially in your household

If Negative:

May return to work/school/daycare per your institution's protocol*

*often 24 hours after symptoms are resolved without medication

Note: those who have symptoms but test negative on a rapid test are recommended to seek PCR testing to confirm if possible.