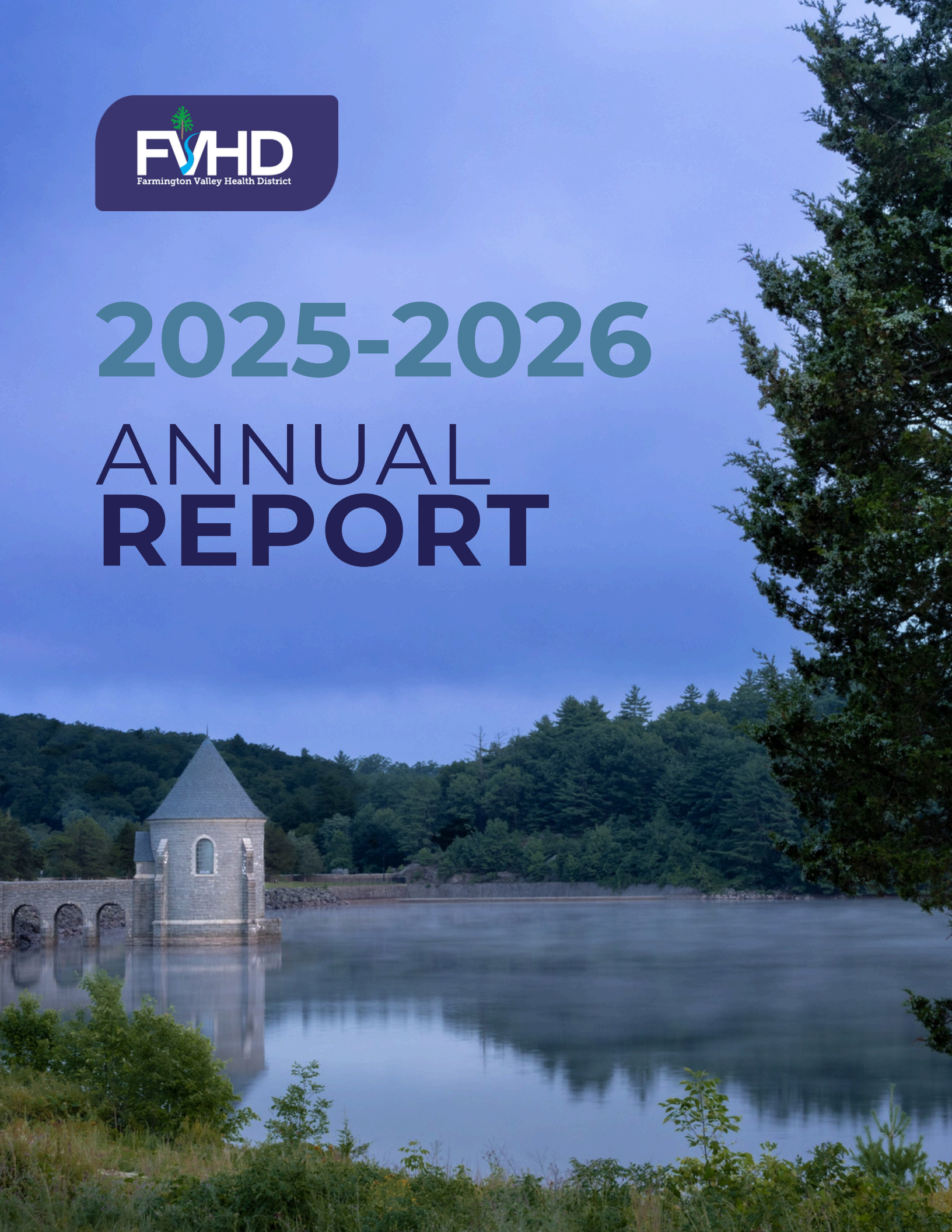




2025-2026

ANNUAL REPORT



A Message From The Health Director



I am honored to share my first Director's message for the Farmington Valley Health District (FVHD) Annual Report. This past year brought transition, challenge, and continued commitment as public health agencies faced funding reductions and federal-level changes that make essential public health work increasingly challenging. Despite these pressures, FVHD remains strong because of the dedication, expertise, and compassion of our team, including six new team members who bring valuable experience, skills, and perspectives to our vision of exceptional health and well-being for all people who live, work, learn, and play in the Farmington Valley.

This year's highlights included FVHD's first Health in All Policies Summit focused on food insecurity, along with continued work in mental health, tobacco cessation and prevention, fall prevention, and providing top notch services in the essential mandated responsibilities of Environmental Health. Looking ahead, I am grateful for the opportunity to lead this dedicated organization working alongside our team members, Board members, municipal partners, community organizations, and residents. FVHD will continue to build on a foundation of collaboration, responsiveness, and trust as we adapt to emerging challenges and remain focused on protecting and improving the health of the communities we serve.

A handwritten signature in blue ink, reading "Stephanie T. Johnson".

Stephanie T. Johnson, MT, MPH
Director

THE FARMINGTON VALLEY HEALTH DISTRICT TEAM

ADMINISTRATION

Stephanie Johnson, MT, MPH
Director of Health

Samantha Carter
Office Manager

Hannah Cote
Administrative Assistant

EMERGENCY PREPAREDNESS

Shelley Forker, MPS, AEM
*Emergency Response
Coordinator*

COMMUNITY HEALTH

Justine Ginsberg, BSN, RN
*Community Health
Coordinator*

Amanda Hubbard, MSN, RN
Public Health Nurse

Olivia Morris, BS
Epidemiologist

**Jamie Dudyak, LMSW,
MPH**
Public Health Specialist

Anna Larson, MPH
*Community Health
Associate*

ENVIRONMENTAL PROTECTION

Andrea Vitrano, REHS/RS
Chief Sanitarian

Patricia Gigliotti, RS
Senior Sanitarian

Kristin Kula, RS
Registered Sanitarian

Jason Brown, RS
Food Program Coordinator

Jeremy Shields, MS
*Environmental Health
Inspector*

Cheryl Proctor, BA
*Environmental Health
Inspector*

Nour Osman, BS
*Environmental Health
Inspector*

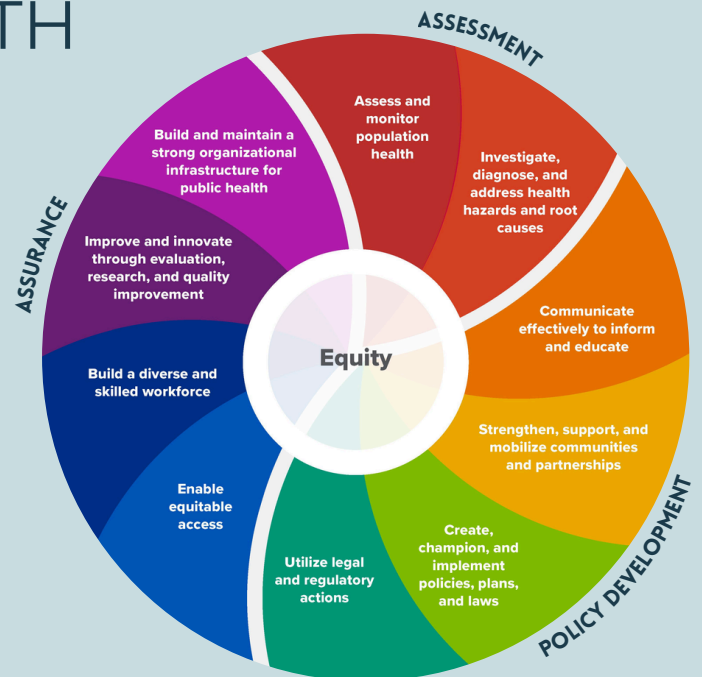
Melissa Gomez, BS
*Environmental Health
Inspector*



Not Pictured: Anna Larson

10 ESSENTIAL SERVICES OF PUBLIC HEALTH

The Farmington Valley Health District is responsible for delivering the **10 Essential Services of Public Health**. The Essential Services outline the functions that should be expected of a local health department to improve and protect the health of the public.



Our Mission

PREVENT disease outbreaks and conditions that give rise to poor health outcomes,
PROMOTE health programs and policies that support good health, and
PROTECT community members from health threats.



Our Vision

Exceptional health and well-being for all people who work, live, learn, and play in the Farmington Valley.



Our Values

Equity
 Excellence
 Data-Driven
 Professionalism
 Collaboration
 Integrity



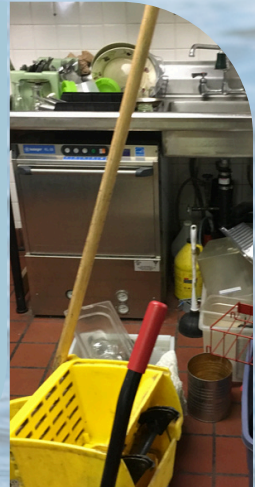
ENVIRONMENTAL HEALTH

138

Temporary Food
Inspections
Conducted

1,072

Restaurant
Inspections
Conducted



227

Public Swimming
Pool Inspections
Conducted

44

Daycare Inspections
Conducted

293

Salon Inspections
Conducted





Septic Systems: New and Existing Repair

172

Soil Tests Conducted

419

Inspections Conducted

163

Plans Reviewed

61

New Well Permits Issued

352

Building Additions Reviewed



121

Complaints Investigated



24

Lead Poisoning Investigations Conducted

COMMUNITY HEALTH

1,020

New CredibleMind
Users

57

Youth Assisted with
Tobacco Cessation



431

Employees
Participating in a
Workplace Wellness
Program

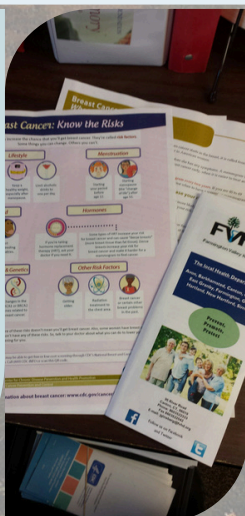


31

Reportable Disease
Follow-ups Conducted

119

Vaccines Administered



36

Healthcare-Associated
Infection Consultations



Question Persuade Refer & Mental Health First Aid

*Teaching community members
to recognize signs of a mental
health crisis.*

11

QPR Classes
Taught

26

Mental Health
First Aid Classes
Taught

624

Participants
Trained

480

Narcan
Dispensed



Fall Prevention

Combined data from
A Matter of Balance and
Bingocize fall prevention
courses

10

Courses
Taught

112

Participants
Reached



EMERGENCY PREPAREDNESS & COMMUNICATIONS

This year, the Farmington Valley Health District strengthened emergency preparedness through active engagement across the region, enhancing partnerships, preparedness, and response capabilities for the communities we serve. Key accomplishments included:

Staff attended **50+ regional meetings** and preparedness workgroups. Conducted **20+ training sessions, drills, tabletop exercises, and functional exercises** in alignment with FEMA doctrine. Strengthened collaboration with **healthcare organizations, emergency management directors, and school safety personnel**. Enhanced regional communication for **all-hazards incidents**.

Together, these efforts reinforce FVHD's ability to coordinate an effective public health emergency response while helping ensure Farmington Valley communities remain resilient, prepared, and ready to meet future challenges.

492

Social Media Posts Made

54

New Social Media Followers

4

Health Matters Newsletters

32

Health Matters Articles Posted



Viral Respiratory Disease Data Dashboard Views

5,140

NOTABLE ACHIEVEMENTS

Teen Mental Health Initiatives Recognized on National Stage

Resilience Grows Here (RGH), our Farmington Valley mental health initiative, supports mental wellness and resilience for residents of all ages. Its school-based work helping teens build resilience and strengthen their mental well-being has been recognized by the National Association of County and City Health Officials (NACCHO) as a best practice.

First Health In All Policies Summit Highlights Food Insecurity

FVHD was proud to host its first Health in All Policies event, a Food Insecurity Summit that brought together stakeholders from across the Farmington Valley to begin the conversation around sustainable, community-driven solutions to ensure all residents have access to healthy food.

New Youth Vaping Prevention and Cessation Programs Launched in Schools

FVHD implemented two evidence-based programs in local schools to address youth nicotine use. Through INDEPTH and N-O-T (Not On Tobacco), students now have access to education, intervention, and cessation support designed to reduce vaping and tobacco use and promote healthier futures.

Staff Achievements

Jamie - Promoted to Public Health Specialist

Olivia - Certified in Disease Intervention (CDI)

Justine - Certified as Tobacco Treatment Specialist Designation (TTS), Top MHFA Instructor for CT 2025

Cheryl - Certified as Food Inspector

Jeremy - Certified as Food Inspector

Nour - Certified as Lead Risk Assessor/Inspector, Certified in Phase 2 Septic

Thank you to our interns this year!

Angelle Bailey · Saira Khan · Laura Contreras · Juan Palomino · Julia Clough

BOARD MEMBERS

AVON

Brandon Robertson, Chair
Erin Barthel

BARKHAMSTED

Debra Brydon

CANTON

Warren Humphrey
Violet Vincent

COLEBROOK

Bradley Bremer

EAST GRANBY

Cheryl Bermani-McCann

FARMINGTON

Nancy Parent
Mary Jane Parlow

GRANBY

Sandy Yost
Joan Kuhnly

HARTLAND

Lynette Robitaille

NEW HARTFORD

Daniel V. Jerram

SIMSBURY

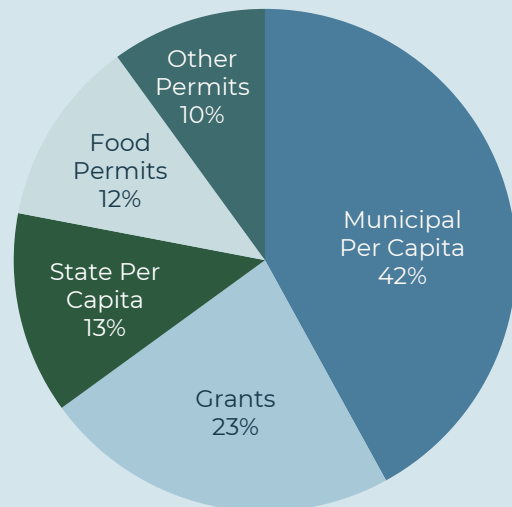
Suzanne Sinacori
Tom Fitzgerald
Brittany MacGilpin

BUDGET

Fiscal Year '25-'26

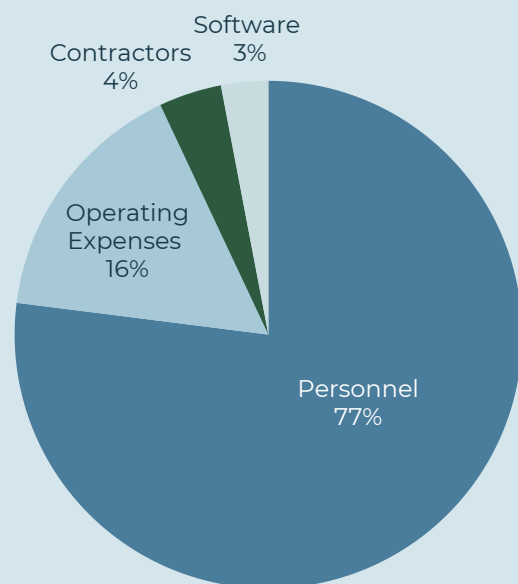
REVENUE

\$1,992,454



EXPENDITURES

\$1,992,454





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(860) 352-2333

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Farmington · Granby · Hartland · New Hartford ·
Simsbury

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FarmingtonValleyHealthDistrict



FarmValleyHD